



2997 Ocean Parkway
Brooklyn, NY 11235

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Brooklyn, NY 11223

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Brooklyn, NY 11223

975 East 13th St.
Brooklyn, NY 11230

6660 Avenue U
Brooklyn, NY 11234

Phone: (718) 946-9833

www.NeshamaPreschool.com

Menu is subject to change.

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Meat sauce, whole wheat pasta, roasted broccoli and cauliflower	Baked chicken, Israeli couscous with shredded carrots, string beans, and sliced cucumbers	Homemade meat patties, mashed potatoes, sliced peppers and cucumbers	Chicken-vegetable soup, brown rice pilaf, boiled eggs, roasted chickpeas and celery sticks	Fresh pita, sliced mozzarella cheese, sliced tomatoes and peppers
3 PM After-noon Snack	Fresh fruit and vegetables	Fresh fruit and vegetables	Fresh fruit and vegetables	Fresh fruit and vegetables	

Filtered water is provided to children all day.